



Vänersborg, 21 December 2020

Continued distance learning in upper secondary school

On Friday 18 December, we received the decision that the upper secondary schools will continue distance learning until 24 January 2021.

We know that a lot of you are struggling with this situation, you may miss your social context and it is difficult to stay motivated when you study from home.

We want to remind you again that school will continue – this is not an extended holiday. Distance learning imposes high demands on students. It is very important that your child understands that this is not a holiday; she/he must continue to study and actually take extra responsibility for her/his own studies in order to achieve intended learning outcomes and earn passing grades.

What can parents do to support their child?

As a guardian, you play an important role. Here are some ways you can help your child:

- Emphasise that the school continues and talk about the importance of participating in distance learning and doing the tasks assigned by the teacher.
- Take an interest and ask your child how things are going. Ask to see what assignments she/he is working on and pay extra attention to the information available on the website and on It's Learning.
- Set up a workspace at home. It's good to create structure and think in the form of a "home office" so that your child can use her/his computer and school supplies properly.
- Make sure your child keeps up her/his usual routines — that she/he gets up on time in the morning and goes to bed on time in the evening. Shifting the day will not benefit your child's concentration and learning.

Unfortunately, it looks as if we will have to continue distance learning, full-time or part-time, a way into the spring semester and that decisions will be made on short notice. We must work together to stay motivated and keep hope alive for our young people.

Don't hesitate to contact the school if something isn't working properly or if you need support – our teachers, school management and Student Health are there to support you and provide help, even when your child is working remotely.

One big difference from the spring's remote learning period is that the school buildings are not closed – there will be opportunities to come in and do practical tasks, get support, take tests, etc. as necessary.

Information about what applies to your child will be provided via our It's Learning platform and through the student mentors.

♥ We stay the course and maintain our distance ♥

The Kunskapsförbundet Management Team