

## **For the attention of all Adult Education students!**

As you will be aware, the spread of COVID-19 has increased in our region and we have all received stricter recommendations that we must follow in order to help reduce the spread of infection. All training is cancelled, all social events such as parties etc. shall be avoided and going to the shops and other public spaces shall be limited.

### **What is happening with Adult Education**

In order to help in this difficult situation for society, Kunskapsförbundet has decided that all adult education classes that can be held with the same level of quality shall be held remotely.

- This decision is valid from and including today's date and until 19 November, and may be extended.
- You will receive all the information you need from your teachers.

### **We know that you already know this, but want to remind you anyway**

Together, we can stop the spread of this infection so that we can go back to living our normal lives. This is what we are all hoping for. But first, we all have to help to stop the spread.

- Stay at home if you have even the slightest symptoms. Take a test.
- Wash your hands.
- Cycle or walk to school if possible.
- Keep your distance!

Read more about the stricter and general advice here:

<https://www.folkhalsomyndigheten.se/nyheter-och-press/nyhetsarkiv/2020/oktober/beslut-om-skarpta-allmanna-rad-i-stockholms-lan-vastra-gotalands-lan-och-ostergotlands-lan/>

Kind regards,  
Kunskapsförbundet